Counselor Education

Courses

**CNS ED 1400 Making a Career Choice: 3 semester hours**
Introduces students to career development theories and the career decision-making process. Students receive an overview of career development theory and learn how these theories pertain to the formulation of individual career plans. Self-knowledge of career interests, values, beliefs, aptitudes, and other factors are explored. Self-assessment and decision-making techniques learned in this class can be revisited throughout the life span. The seminar format allows for small group discussion of career-related issues and personal application of career development principles.

**CNS ED 3220 Counseling Individuals with Special Needs: 3 semester hours**
Prerequisite: TCH ED 3313 or equivalent, or consent of instructor. A course emphasizing counseling skills for individuals who plan to work with people with disabilities. Emphasis is placed on using counseling strategies with school-age children with disabilities.

**CNS ED 6000 Personal and Professional Development in Counseling: 3 semester hours**
Prerequisites: Provisional Acceptance to the Counseling Program or Consent of Instructor. This course provides an in-depth view of the professional counseling field. Attention is focused on the development of the helping relationship, including a review of research on factors which influence helping processes and rapport building, a development of skills used in the counseling process, and increased awareness of how students' values, beliefs, and behaviors are related to counselor effectiveness.

**CNS ED 6010 Theories of Counseling: 3 semester hours**
Prerequisite: CNS ED 6000. This course will explore the philosophical foundations of counseling theory. The major constructs of contemporary counseling approaches will be discussed and the practical applications of these theories will be analyzed.

**CNS ED 6020 Ethical and Professional Issues in Counseling: 3 semester hours**
Prerequisites: CNS ED 6000. Ethical, legal, and professional issues related to counseling are addressed. Ethical dilemmas in the provision of counseling services to individuals, couples, families, and groups are defined. Specific ethical codes of professional organizations are examined.

**CNS ED 6030 Foundations for Multicultural Counseling: 3 semester hours**
Prerequisites: CNS ED 6000 with a grade of B or better and CNS ED 6010. This course will focus on: (1) reviewing knowledge and research in the area of multicultural counseling, (2) developing and/or enhancing skills useful in counseling with individuals from minority populations, and (3) developing levels of personal awareness about stereotypes, and learning how feelings and attitudes about these may impact counseling with individuals from minority populations.

**CNS ED 6040 Group Procedures in Counseling: 3 semester hours**
Prerequisites: CNS ED 6000 with a grade of B or better and CNS ED 6010 and CNS ED 6270 or CNS ED 6370. This course examines the process dynamics of groups including group development, leadership, norms and therapeutic factors. Group counseling theories and approaches used for other group work including: skills, personal growth, support, vocational, and developmental guidance groups are included. Knowledge and skills of how to facilitate therapeutic groups are included. Students will be required to be participant-observers or facilitators of a group outside of class time.

**CNS ED 6050 Individual Inventory: 3 semester hours**
Prerequisite: ED REM 6709. Uses of educational and psychological appraisal techniques in counseling, develops counselor's abilities in assisting clients toward self-awareness through the use of test and non-test data. Ethical practices in the use of tests and the maintenance of personnel records are stressed.

**CNS ED 6070 Psychopathology and Diagnosis: 3 semester hours**
Same as ED PSY 6113. Prerequisites: Graduate Standing. Covers etiology, assessment and diagnosis of mental disorders using contemporary diagnostic systems. Course materials and assignment address the dynamics of adjustment and treatment implications for counselors, school psychologists, and others in the helping professions.

**CNS ED 6200 Foundations of School Guidance: 3 semester hours**
Prerequisites: CNS ED 6000 with a grade of B or better. The purpose of this course is to give students a foundation for understanding the history, philosophy, and development of school guidance programs. The role functions of the school counselor within a developmental, comprehensive program are examined, along with communication skills necessary for consultation with students, parents, school support staff, and resource people in the community nonacademic needs.

**CNS ED 6220 Current Issues In Counseling Special Needs Populations: 3 semester hours**
Prerequisite: Graduate Standing. Designed to analyze relevant literature and to provide communication skills training for those professionals in school settings who work with individuals with special needs. The characteristics and social and emotional needs of this special population will be discussed as well as the impact of special needs on the family system.

**CNS ED 6270 School Counseling Practicum: 3 semester hours**
Prerequisites: Grades of B- or better in CNS ED 6000, CNS ED 6010, and CNS ED 6020 or consent of instructor. One hundred clock hours of supervised practice in counseling to provide the opportunity for students to pragmatically integrate and process materials, theories, techniques, and methodologies as they are applied in the counseling profession with emphasis on school counseling.

**CNS ED 6280 School Counseling Field Experience: 1-6 semester hours**
Prerequisites: CNS ED 6000, CNS ED 6010, and CNS ED 6270 (all courses with a grade of B- or better or S, as appropriate); or consent of instructor. A 100-clock-hour field experience for each semester-credit-hour of enrollment. Students will be closely supervised under the direction of a graduate faculty member. Students must demonstrate counseling competencies and skillful ethical practice. Students will received 1.5 contact hours of group supervision weekly by a graduate faculty member and 1 contact hour of individual supervision weekly by field experience site supervisor during terms of enrollment. Course may be repeated for a maximum of 6 semester-credit-hours.
CNS ED 6300 Foundations of Clinical Mental Health Counseling: 3 semester hours
Prerequisites: CNS ED 6000 with a grade of B or better and CNS ED 6010. A survey of counseling in a variety of mental health settings. Introduction to the basic philosophical, historical, and psychological foundations of clinical mental health counseling. Designed to acquaint the student with the foundations and roles of the professional counselor in various community and agency settings.

CNS ED 6370 Clinical Mental Health Counseling Practicum I: 3 semester hours
Prerequisites: Grades of B- or better in CNS ED 6000, CNS ED 6010, and CNS ED 6020 or consent of instructor. One hundred clock hours of supervised practice in counseling to provide the opportunity for students to pragmatically integrate and process materials, theories, techniques, and methodologies as they are applied in the counseling profession, focusing on clinical mental health counseling.

CNS ED 6375 Clinical Mental Health Counseling Practicum II: 3 semester hours
Prerequisites: CNS ED 6000, CNS ED 6010, and CNS ED 6370 (all courses with a grade of B- or better or S, as appropriate) or consent of instructor. One hundred clock hours of supervised advanced practice in counseling to provide the opportunity for students to continue to integrate and process theories, techniques, and methods as they are applied to the professional practice of counseling, with an emphasis on clinical mental health counseling.

CNS ED 6380 Clinical Mental Health Counseling Field Experience: 1-6 semester hours
Prerequisites: CNS ED 6000, CNS ED 6010, and CNS ED 6370 (all courses with a grade of B- or better or S, as appropriate); or consent of instructor. A-100-clock hour field experience for each semester-credit-hour of enrollment. Students will be closely supervised under the direction of a graduate faculty member. Students must demonstrate counseling competencies and skillful ethical practice. Students will receive 1.5 contact hours of group supervision weekly by a graduate faculty member and 1 contact hour of individual supervision weekly by a field experience site supervisor during terms of enrollment. Course may be repeated for a maximum of 6 semester-credit-hours.

CNS ED 6400 Career Information and Development: 3 semester hours
Prerequisites: CNS ED 6000 with a grade of B or better and graduate standing. Emphasis is on the nature of the changing labor market and the impact on personal, social, economic, career, and educational aspects of individuals and society. Use of occupational and educational information systems and resources to assist with career decisions is examined. The needs of culturally diverse populations are discussed. Use of career and labor market information and programs such as computer technology to access up-to-date career and labor market information is explored. Techniques and methods of career counseling are discussed. Various theories of career development and career choice will be examined.

CNS ED 6404 Seminar: 1-10 semester hours
Prerequisite: Graduate Standing.

CNS ED 6410 Advanced Career Development: 3 semester hours
Prerequisites: CNS ED 6400 or consent of instructor Emphasis in on current theories of career development, career choice, and techniques and methods of career counseling. Issues concerning education and training, work, leisure, the family, life roles, and culturally diverse populations are studied. The role of career theory in planning, development, and delivery of a career development program is explored.

CNS ED 6420 Career Assessment in Counseling and Rehabilitation: 3 semester hours
Prerequisites: CNS ED 6050 and CNS ED 6400 or consent of instructor. This course provides an in-depth and specialized look at the educational and psychological assessment techniques used in career counseling, especially the assessment of career interests, work values, work environment, work skills, work samples, career development stages, career maturity, career decision making, and career beliefs. Issues of using computers in the delivery of career development services will be discussed.

CNS ED 6497 Problems: 1-10 semester hours

CNS ED 6500 Introduction to Systems Theory for Couples and Family Counseling: 3 semester hours
Prerequisite: CNS ED 6010 or Consent of Instructor. This course is an introduction to relationship theory as applied to couples and family counseling. General systems theory, and social constructivism theory are reviewed. Students learn relationship interventions and beginning couple and family counseling techniques. Ethical, professional, and legal issues related to couples and family counseling are addressed.

CNS ED 6510 Marriage Counseling and Enrichment: 3 semester hours
Prerequisite: CNS ED 6500 or consent of instructor. This course focuses on the theory and techniques of marital or couples counseling and enrichment. Models and methods for prevention and treatment of relationship dysfunction are explored. Relationship developmental issues are addressed. Students are challenged to develop the critical skills necessary to be effective marriage counselors and marital-life educators.

CNS ED 6520 Family Counseling: 3 semester hours
Prerequisite: CNS ED 6500 and CNS ED 6270, or CNS ED 6370, or consent of instructor. This course offers an in-depth analysis of strategic, structural, experiential, communications, behavioral, and psychodynamic approaches to systems change and family counseling. The range of techniques and applied practices evolving from each orientation are explored as are normal and dysfunctional family processes. Various counseling modalities, such as individual, concurrent, collaborative, conjoint, group, intergenerational, and networking are also considered.

CNS ED 6570 Theories and Techniques of Counseling Children and Adolescents: 3 semester hours
Prerequisites: CNS ED 6000, CNS ED 6010 (with a grade of B or better in both courses) or permission of instructor. This course focuses on counseling theories and their applicability to the developmental special concerns of children and adolescents including child-at risk issues such as: abuse, suicide, divorce, and death and dying. Individual, group, and family intervention techniques and consultation skills will be emphasized, as well as legal and ethical considerations for counselors. Strategies presented can be utilized in a variety of settings. Multicultural considerations are also addressed.

CNS ED 6610 Introduction to Play Therapy: 3 semester hours
Prerequisites: Graduate standing. Provides students a foundation for understanding the history, theories and application of play therapy. Working with children in both agency and school settings will be discussed as well as how play therapy skills can be incorporated into the student's developing theoretical framework. Can count towards the Registered Play Therapist Credential.
Overview of clinical issues most common to females will be presented.

**CNS ED 6620 Advanced Play Therapy: 3-4 semester hours**
Prerequisites: CNS ED 6610. Helps students further develop their play therapy skills, especially in the area of client-centered play therapy. Examines the use of play therapy with traumatized children and aggressive children in both school and agency settings. Group play therapy and sand tray therapy as additional modalities will also be explored. Ethical and legal issues as well as supervision in play therapy will be emphasized. Can count towards the Registered Play Therapist credential.

**CNS ED 6630 High School Transitions/Post-Secondary Counseling: 3 semester hours**
Prerequisites: CNS ED 6000, CNS ED 6010, CNS ED 6200; or consent of instructor. Knowledge and skills regarding development and implementation of programs and processes for guiding secondary education students through the transition from high school to employment (including military) and/or post-secondary education (voc-tech training, community college, university, etc.). Places post-secondary career planning within the context of a developmental guidance curriculum to address the needs of all students. Intended for graduate students who are preparing to become high school counselors, as well as those interested in college advising and career counseling.

**CNS ED 6700 Introduction to Addictive Behaviors and Addiction Counseling: 3 semester hours**
Prerequisites: CNS ED 6010 or consent of instructor. Exploration of the theoretical foundations of contemporary approaches to such addictive behaviors as alcohol and drug abuse, smoking, compulsive gambling, and sexual addiction. The nature, etiology, prevention, and treatment of addictions are discussed and analyzed from a variety of theoretical perspectives. The applications of these specific theoretical models to various treatment settings are examined. Multicultural considerations are also addressed.

**CNS ED 6710 Advanced Strategies in Addictions Counseling: 3 semester hours**
Prerequisites: CNS ED 6700 or consent of instructor. Study of advanced, empirically supported counseling approaches and techniques for the treatment of addictive behaviors. An emphasis is placed on screening and assessment procedures and on matching interventions to individual client and community needs.

**CNS ED 6720 Counseling Individuals with Co-Occurring Disorders: 3 semester hours**
Prerequisites: CNS ED 6700 or consent of instructor. This course introduces the student to the special needs, concerns, and problems encountered when counseling clients who have co-occurring substance use and mental health problems. Subject areas include an overview of screening and assessment, evidence-based practices, counseling approaches and psychopharmacology for co-occurring disorders.

**CNS ED 6810 Integrating Religion and Spirituality in Counseling: 3 semester hours**
This course is for counselors and students wishing to develop the methods to integrate religion and spirituality in counseling and learn about counseling strategies for persons of various religious backgrounds, the link between health and religion, and ethics involved in the assessment and integration of religion and spirituality in practice.

**CNS ED 6820 Counseling Women Toward Empowerment: 3 semester hours**
Prerequisites: CNS ED 6000, CNS ED 6010, and CNS ED 6270 or CNS ED 6370, or consent of instructor. An introduction to Women's issues in counseling. Relational theory, healthy female development, and an overview of clinical issues most common to females will be presented.

**CNS ED 6830 Counseling African American Clients: 3 semester hours**
Prerequisites: CNS ED 6000 and CNS ED 6010, or consent of instructor. This course is designed to promote an increased awareness and understanding of the psychological development and mental health needs of African American clients. This course also offers research-based theoretical strategies for counseling this diverse population.

**CNS ED 6840 Counseling Sexual and Gender Minorities: 3 semester hours**
Prerequisites: CNS ED 6000 and CNS ED 6010, or consent of instructor. This course is focused on affirmative perspectives on lesbian, gay, bisexual, and transgender (LGBT) issues and populations. All of the major professional mental health organizations have formal ethical guidelines requiring non-discrimination with regard to LGBT populations and all of the organizations are active in promoting affirmative perspectives. Students will learn current perspectives in the fields of counseling and psychology on LGBT issues necessary for adequate practice or research in this area. A major focus will be on developing awareness and knowledge related to these populations.

**CNS ED 6850 Social Class and Poverty Issues In Counseling: 3 semester hours**
Prerequisites: CNS ED 6000 and CNS ED 6010, or consent of the instructor. This course focuses on the experience of poor people in the United States. Specifically, the circumstances of poverty, the consequences of living in poverty (on behaviors, aspirations, relationships, education, and health including mental health), and the impact of poverty on the helping relationship will be addressed. Personal, social, and cultural aspects of poverty will be examined in both rural and urban settings. One objective of this course is to reduce the psychological distance between the poor client and the non-poor counselor. Included in this endeavor are specific attitude and techniques designed to maximize the quality of a counselor's work with poorer clients.

**CNS ED 6860 Human Sexuality in Counseling: 3 semester hours**
Prerequisites: CNS ED 6000 and CNS ED 6010, or consent of instructor. This course will focus on integrating issues of human sexuality into the counseling process. The psycho-sexual development of the individual from birth throughout the life span will be discussed and compared to other developmental tasks at each age. Themes related to influences from family, culture, environment, socioeconomic, ethnic, and religious perceptions of sexuality will be integrated. The physiology of human sexual function will be addressed, including variations in sexual orientation and gender identity.

**CNS ED 6870 Counseling and Cultural Competence in a Global Society: 3 semester hours**
Prerequisites: CNS ED 6030 or consent of instructor. Through a mixed methods approach of cultural immersion, readings, class activities, and forums with cultural and educational leaders, counselor candidates will acquire strategies to collaborate with culturally diverse families and develop systemic approaches to equalize the experiences for every child/adolescent/adult client. Counselor candidates will broaden their world view and global perspective, and identify and develop culturally sensitive interventions for a range of counseling issues and settings. Candidates will also examine the impact of contemporary socio-cultural viewpoints.

**CNS ED 7000 Advanced Theories and Foundations of Counseling Psychology: 3 semester hours**
Prerequisites: Doctoral standing or instructor consent. A seminar on the discipline of counseling psychology, including its history, development, and current status. An important focus will be contemporary and emergent theories in the field.
CNS ED 7010 Advanced Multicultural Counseling: 3 semester hours
Prerequisites: CNS ED 6030 and doctoral standing or consent of instructor. This advanced course addresses theories and research in multicultural counseling.

CNS ED 7020 Seminar in Counseling Research: 3 semester hours
Prerequisites: ED REM 6710, doctoral standing or consent of instructor. The purpose of this course is to review and analyze current counseling research literature. Ethical issues will be addressed.

CNS ED 7025 Advanced Counseling Research: 3 semester hours
Prerequisites: CNS ED 7020 or consent of instructor. Engages students in the conduct of an empirical research project. Building from the research proposal developed in CNS ED 7020, students will obtain IRB approval, collect data, analyze the data, and write a manuscript reporting the results in journal article format.

CNS ED 7030 Counselor Education and Supervision: 3 semester hours
Prerequisites: Master's degree in Counseling. An introduction to clinical supervision in counseling. Theories, models, and research in supervision will be presented. Students will supervise master's level students in practicum and internship courses in counseling.

CNS ED 7035 Counselor Education and Supervision Practicum: 3 semester hours
Prerequisites: Admission to the Counseling Option in the Ed.D. or Ph.D. Program. Offers advanced training in counseling supervision. Students will supervise master's level students in practicum and internship courses in counseling. Students will be expected to maintain as assigned caseload of supervisees and attend three hours of weekly doctoral-level supervision.

CNS ED 7040 Advanced Group Procedures in Counseling: 30 semester hours
Prerequisites: CNS ED 6040 Group Procedures in Counseling. Examines advanced group leadership theory, development, and facilitation. Knowledge and skills of how to facilitate therapeutic groups within ethical and legal guidelines are included. Specific attention will be paid to developing effective group work skills and interventions in career, clinical mental health, and school counseling settings. Students will be required to conceptualize, develop and facilitate a group outside of class time.

CNS ED 7075 Teaching, Learning, and Technology in Counselor Education: 3 semester hours
Prerequisites: CNS ED 7000 and CNS ED 7770. Examines pedagogy and epistemology of counselor education. Philosophies of teaching, instructional design, instructional methods, assessment of learning, and the impact and use of technology in teaching will be explored within the framework of the eight core courses as defined by the Council for Accreditation of Counseling & Related Educational Programs (CACREP). Students will both learn and apply classroom teaching knowledge and skills.

CNS ED 7400 Advanced Topics in School Counseling Leadership: 3 semester hours
Prerequisites: Admission to the Counseling Option in the Ed.D. Program. Focuses on leadership roles and advanced skills for professional school counselors, school counseling supervisors, and evaluation strategies, and training and supervision strategies will be addressed, with a special emphasis on preventative and culturally sound interventions.

CNS ED 7770 Doctoral Practicum: 3 semester hours
Prerequisites: Doctoral Standing. One hundred clock hours of on-campus doctoral-level supervised counseling practice. Students will counsel clients and will be introduced to teaching and supervising beginning counseling trainees in a clinical context. As a prerequisite to the Doctoral Internship, students will be expected to demonstrate competence in skills required of counselor educators and clinical supervisors. Students will receive 1.5 hours of group and 1 hour of individual supervision by a graduate faculty member.

CNS ED 7780 Doctoral Internship: 1-6 semester hours
Prerequisites: CNS ED 7770; ED REM 7771; ED REM 7781. A 100-hour field experience for each semester-credit hour of enrollment under the direction of a graduate faculty member. Students provide counseling services to clients at field sites, teach and supervise beginning counseling trainees, and conduct clinical research projects. Students are supervised by a graduate faculty member in two hours per week of group supervision, and they receive one hour per week of individual supervision by the field site supervisor.

CNS ED 7806 Practicum in Group Counseling: 3 semester hours
Prerequisites: CNS ED 7804 and doctoral standing or instructor permission. Students will lead or co-lead a supervised counseling group in the community.