Health and Physical Education

Courses

HLTH PE 3275 Psychological Aspects Of Physical Education: 3 semester hours
Prerequisite: PSYCH 1003. A study of the psychological processes underlying the learning and performance of motor skills and participation in physical activity. Covers how humans learn skilled actions, how principles of motor performance and learning can be applied to teaching, and how teachers can create positive motivational climates.

HLTH PE 3277 Foundations of Health & Physical Education Programs: 2 semester hours
Prerequisites: Junior standing. A study of the historical, philosophical, and cultural influences and issues related to health education and physical education programs.

HLTH PE 3285 Safety and Emergency Care for Health & Physical Education: 3 semester hours
Prerequisites: HLTH PE 3280 or equivalent. A study of safety issues relating to health and physical education, including prevention and treatment of physical activity-related injuries. Emphasis will be given to emergency responses, including CPR certification.

HLTH PE 3380 Introduction to Nutrition for Health and Performance: 3 semester hours
Prerequisites: Junior standing or consent of instructor. Study of human nutrition and its relationship to healthy lifestyles and exercise performance. Includes study of nutrients, food sources, healthy weight and body composition, energy intake and expenditure, fluid and electrolyte balance, and ergogenic aids.

HLTH PE 3432 Teaching Health and Physical Education in the Elementary School: 4 semester hours
Prerequisites: Admission to the Teacher Education Program. A study of health and physical education programs in the elementary school. Emphasis is given to the teacher's role and responsibilities as they relate to the content and services found in the coordinated school health program.

HLTH PE 3433 Health Education Concepts and Skills: 3 semester hours
Prerequisites: Junior Standing. A study of health concepts and lifestyle skills found in K-12 health education strands, including mental health, sexuality education, drug education, nutrition, personal health and disease prevention.

HLTH PE 3434 Teaching of Health and Wellness: 4 semester hours
Prerequisites: HLTH PE 3280 or the equivalent, or consent of the instructor. Study of concepts and issues related to health and active lifestyle behavior development, with emphasis given to the design and preparation of appropriate instructional experiences and techniques.

HLTH PE 3436 Prevention Education: 4 semester hours
Prerequisites: HLTH PE 3280 or equivalent. A study of health concepts and lifestyle skills found in K-12 health education strands, including mental health, sexuality education, drug education, nutrition, personal health and disease prevention.

HLTH PE 3434 Teaching of Health and Wellness: 4 semester hours
Prerequisites: HLTH PE 3280 or the equivalent, or consent of the instructor. Study of concepts and issues related to health and active lifestyle behavior development, with emphasis given to the design and preparation of appropriate instructional experiences and techniques.

HLTH PE 4989 Physical Education Professional Internship: 2 semester hours
Prerequisites: Level II designated course requirements. This course is an intensive professional development experience (equivalent of 6 hours per week for 14 weeks) working in a school setting with students. Activities on site include assisting the health and physical education teacher in all areas of instruction, assessment, and classroom management. This course is to be taken prior to student teaching, ideally during the semester immediately preceding student teaching. Assignments from allied courses (PHY ED 3422, PHY ED 3423, PHY ED 3424, HLTH PE 3434) are carried out in the Internship, and Internship experiences inform the activities and discussions in these courses. Not available for graduate credit.

HLTH PE 4990 Practicum II: Health and Physical Education, Grades PK-5: 6 semester hours
Prerequisites: HLTH PE 4989. Clinical teaching experience in physical education settings in the schools under university and school supervision. Required for all majors in physical education receiving certification in Health and Physical education. Not available for graduate credit.

HLTH PE 4991 Practicum II: Health and Physical Education Grades 5-9: 6 semester hours

HLTH PE 4992 Practicum II: Health and Physical Education Grades 9-12: 6 semester hours
Prerequisites: HLTH PE 4989. Clinical teaching experience in Health and Physical Education settings in schools under university and school supervision. Required of all majors in Physical Education receiving certification in Health Education and Physical Education, K-12. Not available for graduate credit.

HLTH PE 5989 Physical Education Professional Internship: 2 semester hours
Prerequisites: Level II designated course requirements. This course is an intensive professional development experience (equivalent of 6 hours per week for 14 weeks) working in a school setting with students. Activities on site include assisting the health and physical education teacher in all areas of instruction, assessment, and classroom management. This course is to be taken prior to student teaching, ideally during the semester immediately preceding student teaching. Assignments from allied courses (PHY ED 3422, PHY ED 3423, PHY ED 3424, HLTH PE 3434) are carried out in the Internship, and Internship experiences inform the activities and discussions in these courses. Activities to acquire research skills will be included.

HLTH PE 5990 Practicum II: Health and Physical Education, Grades PK-6: 4 semester hours
Prerequisites: Level II designated course requirements. This course is an intensive professional development experience (equivalent of 6 hours per week for 14 weeks) working in a school setting with students. Activities on site include assisting the health and physical education teacher in all areas of instruction, assessment, and classroom management. This course is to be taken prior to student teaching, ideally during the semester immediately preceding student teaching. Assignments from allied courses (PHY ED 3422, PHY ED 3423, PHY ED 3424, HLTH PE 3434) are carried out in the Internship, and Internship experiences inform the activities and discussions in these courses. Activities to acquire research skills will be included.

HLTH PE 5991 Practicum II: Health and Physical Education Grades 5-9: 4 semester hours
Prerequisites: A grade of B- or higher in HLTH PE 4989. Clinical teaching experiences in Health and Physical Education settings in schools under university and school supervision. Required for all majors in physical education receiving certification in Health and Physical education. Teacher candidates collect data for a research project.

HLTH PE 5991 Practicum II: Health and Physical Education Grades 5-9: 4 semester hours
Prerequisites: A grade of B- or higher in HLTH PE 4989. Clinical teaching experiences in Health and Physical Education settings in schools under university and school supervision. Required for all majors in Physical Education receiving certification in Health Education and Physical Education, K-9. Teacher candidates collect data for a research project.
HLTH PE 5992 Practicum II: Health and Physical Education Grades 9-12: 4 semester hours
Prerequisites: A grade of B- or higher in HLTH PE 4989. Clinical teaching experience in Health and Physical Education settings in schools under university and school supervision. Required of all majors in Physical Education receiving certification in Health Education and Physical Education, K-12. Teacher candidates collect data for a research project.