

# Counseling MEd, School Counseling Emphasis

## Mission

The School Counseling Program of the Department of Education Sciences and Professional Programs prepares professional school counselors to serve the academic, career, and personal/social needs of culturally diverse students in the elementary, middle, and secondary schools. The Counseling Program strives to develop a culturally diverse student population and to draw students from local, regional, national, and international locations.

## Purpose

The M.Ed. in School Counseling degree prepares students to work as school counselors in public or private elementary, middle, or high school settings. Preparation is designed to enable students to deliver counseling services to schools and their extended communities. Students are trained to apply principles of learning, human development, counseling, research, and measurement within the schools. The program is approved by the Missouri Department of Elementary and Secondary Education. Students wishing to receive Missouri certification in Elementary School Counseling or Secondary School Counseling must complete all required courses. Students not possessing a teaching certificate must complete additional coursework to complete their certification requirements.

## Admission

In addition to meeting the general admission requirements of the Graduate School, applicants to the M.Ed. must complete the program supplemental application, have two completed references on file, have an undergraduate GPA of 3.0, and upon admission will take CNS ED 6010, Theories of Counseling, in their first semester. Admissions will be conducted twice a year. The deadlines for application are March 1 for the fall semester and October 1 for the spring semester.

CNS ED 6010	Theories of Counseling
CNS ED 6020	Ethical and Professional Issues in Counseling
CNS ED 6060	Helping-Relationship Skills
CNS ED 6270	School Counseling Practicum
CNS ED 6280	School Counseling Internship
CNS ED 6370	Clinical Mental Health Counseling Practicum I
CNS ED 6380	Clinical Mental Health Counseling Internship

Students admitted to the M.Ed. degree programs in counseling as "restricted graduate students" (see the "graduate study" rules in this Bulletin) must attain a 3.0 GPA in the 12 hours of course work at UMSL. Restricted students must include the following courses in the first 12 hours of coursework: CNS ED 6010: Theories of Counseling and CNS ED 6020: Ethical and Professional Issues in Counseling. A student on restricted status earning any grade less than a B- in either of these courses but still maintaining a 3.0 GPA, will be allowed to repeat the course one time and must earn a grade of B- or better to be fully admitted.

The courses listed below meet the course work requirements for the M.Ed. degree, state certification, and licensing as a professional counselor:

### Counselor Education

CNS ED 6010	Theories of Counseling	3
CNS ED 6020	Ethical and Professional Issues in Counseling	3
CNS ED 6030	Foundations for Multicultural Counseling	3
CNS ED 6040	Group Procedures in Counseling	3
CNS ED 6050	Individual Inventory	3
CNS ED 6060	Helping-Relationship Skills	3
CNS ED 6200	Foundations of School Counseling	3
CNS ED 6270	School Counseling Practicum	3
CNS ED 6280	School Counseling Field Experience	6
CNS ED 6400	Career Information and Development	3
CNS ED 6600	Theories and Techniques of Counseling Children and Adolescents	3
or CNS ED 6610	Introduction to Play Therapy	
CNS ED 6630	Career Development in K-12 Schools	3
CNS ED 6730	Counseling for Loss, Crisis, and Trauma	3

### Psychological Foundations and Human Development

ED PSY 6226	Mental Health and Development of Children and Youth	3
or ED PSY 6222	Advanced Studies in Child and Adolescent Development	
or ED PSY 6210	Life-Span: Individual and Family Development	
ED PSY 6532	Psychoeducational Differences	3

### Educational Research and Evaluation Methods

ED REM 6710	Educational Research Methods and Design	3
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### Electives

Nine credit hours from CNS ED or related courses such as:		9
CNS ED 6220	Counseling Individuals with Disabilities	
CNS ED 6410	Advanced Career and Leadership Development	
CNS ED 6620	Advanced Play Therapy	
CNS ED 6680	School Counseling in the Classroom	
CNS ED 6700	Introduction to Addictive Behaviors and Addiction Counseling	
CNS ED 6830	Counseling African American Clients	
CNS ED 6840	Sexual Orientation and Gender Diversity in Counseling	
CNS ED 6850	Social Class and Poverty Issues in Counseling	
CNS ED 6870	Counseling and Cultural Competence in a Global Society	

Comprehensive Examination (Capstone Experience) <sup>1</sup>

**Total Hours**

**60**

1

Please consult with the Department office for requirements and dates of this examination.

## Learning Outcomes

The Master of Education in Counseling programs prepare professionals to work in educational settings - elementary, middle, or high schools - as school counselors or in clinical settings - clinics, community mental health centers, or private practice - as clinical mental health counselors. Counselors have professional preparation in the theory and practice of counseling, treatment planning, and career development.

The candidate learning outcomes of the school and clinical mental health counseling programs are to:

- Demonstrate awareness and behavior consistent with an understanding and appreciation of diversity issues.
- Apply helping relationship skills to establish therapeutic alliances and to achieve counseling goals with clients in diverse counseling settings.
- Utilize counseling ethical standards to guide professional practice and ethical decision-making.
- Assess client status and goals within relevant treatment contexts (e.g., school, clinic, community) and identify interventions based on research and best practice.
- Identify and apply appropriate theories to conceptualize client cases and inform counseling practice to achieve therapeutic goals.
- Articulate the ways in which mental health and career needs intersect for clients across the lifespan.
- Use developmentally appropriate trauma-informed approaches to address the needs of clients and systems.