Physical Education
BSEd PK-12 Emphasis

Through this degree teacher candidates are prepared to effectively teach health and physical education in K-12 settings. The requirements are listed below.

Degree Requirements
B.S.Ed. degree candidates must complete the following General Education courses required by the College of Education and the Missouri Department of Elementary and Secondary Education.

General Education and University Requirements:

CORE AREAS:

First Year Writing
- ENGL 1100 First-Year Writing (MOTR ENGL 200)
- or HIST 1111

Math Proficiency (requirement varies by program)
- MATH 1030 College Algebra (MOTR MATH 130)
  - or MATH 1020 Contemporary Mathematics (MOTR MATH 120)
- MATH 1021 Choice and Chance
- MATH 1025 Geometry in the Real World
- MATH 1045 PreCalculus (MOTR MATH 150)

Communication Proficiency
- EDUC 2222 Interpretation: Connecting Audiences and Meaning
- or COMM 1040 Introduction to Public Speaking (MOTR COMM 110)

Information Literacy
- ED TECH 2230 Information Literacy

American History or Government
- HIST 1001 American Civilization to 1865 (MOTR HIST 101)
  - or HIST 1002 American Civilization 1865 to Present (MOTR HIST 102)

EXPLORE AREAS:

Humanities and Fine Arts
- Three courses from two of the following fields: art, foreign language, music (excluding applied music), philosophy, theater, dance, and literature.

Social Science
- ED PSY 2212 Child and Adolescent Development
- POL SCI 1100 Introduction to American Politics (MOTR POSC 101)

One additional 1000-2000 level course in Social Science Explore Area

Math and Life/Natural Sciences
- BIOL 1012 General Biology: The Science of Life (MOTR BIOL 100)

ADDITIONAL UNIVERSITY REQUIREMENT
- ENGL 3100 Junior-Level Writing

Program Requirements
Beginning with those students graduating in May, 2017 and receiving teacher certification, the Missouri Department of Elementary and Secondary Education requires a 3.0 GPA in professional education courses, a 3.0 GPA in the teaching content field, and a 2.75 overall GPA.

Professional Education courses must be completed with a grade of C or better (a grade of C- or below is unacceptable).

Students must pass the required DESE certification assessments to receive the B.S.Ed. degree.

B.S.Ed. and B.A. degrees with certification candidates must complete the following:

Introduction to Education
- TCH ED 1000 Building Community, Culture, and Learning in Education 1
- TCH ED 1001 Early Clinical Experience: Community Agency 1

Level I: Exploring Education as a Profession
- TCH ED 2000 Becoming a Professional Educator 1
- TCH ED 2001 Early Clinical Experience: Schools 1
- TCH ED 2209 Foundations of Teaching in American Schools 2
- HLTH PE 3277 Foundations of Health and Physical Education Programs 3
- HLTH PE 3280 Human Anatomy and Physiology 4

Level II: Analyzing the Nature and Process of Education
- ED PSY 3312 3
- ED TECH 3135 Technology for Educators 1
- SPEC ED 3318 Inclusive Classrooms 3
- TCH ED 3001 Mid-Level Clinical Experience: Diverse Learners 1
- TCH ED 3310 Introduction to Methods of Teaching 3
- TCH ED 4391 Literacy for Adolescent Learners in Content Areas 3
- HLTH PE 3275 Psychological Aspects of Physical Education 3
- HLTH PE 3284 Physiology of Human Exercise 3
- HLTH PE 3285 Safety and Emergency Care for Health and Physical Education 3
- HLTH PE 3380 Introduction to Nutrition for Health and Performance 3
- PHY ED 2134 Personal Physical Fitness 3
- PHY ED 3267 Performance Analysis in Physical Education 3
- PHY ED 3282 Physical Growth and Motor Development 3
- PHY ED 3283 Kinesiology 3
9 hours can be taken concurrently with Level III courses:

- HLTH PE 3434 Teaching of Health and Wellness 4
- PHY ED 3261 Physical Activity for Diverse Learners 3
- PHY ED 3468 Curriculum and Methods of Teaching Physical Education 3

**Level III: Synthesizing Theory and Practice in Education**

The following Health and Physical Education courses are required:

- PHY ED 3422 Teaching of Skills: Grades Pk-4 4
- PHY ED 3423 Teaching of Skills: Grades 5-9 3
- PHY ED 3424 Teaching of Skills: Grades 9-12 3
- PHY ED 3425 Teaching Skills: Movement, Dance, and Rhythms 3
- HLTH PE 4989 Practicum I: Site-Based Experience in Physical Education 3
- HLTH PE 4990 Practicum II: 16-Week Site-Based Experience in Health and Physical Education 9
- HLTH PE 4992 Practicum II: 4-Week Site-Based Experience in Health and Physical Education 3

**Total Hours:** 89

Minimum 124 hours

**Learning Outcomes**

Upon completion of the program, graduates will be able to:

- Demonstrate professionalism through (a) reflective practice for professional growth, (b) effective communication and collaboration, and (c) commitment to upholding ethical and professional standards.
- Evaluate, design, and implement curriculum, instruction, and assessment that apply advanced understanding of (a) content and pedagogical knowledge, (b) learning science principles, and (c) equitable frameworks and inclusive practices.
- Integrate technologies to create meaningful student learning in the context of a (a) digital and (b) global society.
- Design and implement a supportive, inclusive, and culturally responsive classroom environment that nurtures the intellectual, social, and emotional development of all students.
- Partner with families and communities to develop relationships and build networks of support to enhance student learning and well-being.

**Sample Four Year Plan**

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<tr>
<th>First Year</th>
<th>Fall</th>
<th>Hours</th>
<th>Spring</th>
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**Second Year**

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**Fourth Year**

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**Total Hours:** 133

1

Course should also satisfy the Cultural Diversity Requirement

**PLEASE NOTE:** This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor. All requirements are subject to change.